

## HANDOUTS FOR MENTEES

### Exercise no. 1. Test “My motivation to find a job”

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#### Task for mentee:

There is a list of statements about looking for a job below. Please mark whether you agree or disagree with the following statements. Mark your selection.

No.	Statement	I agree	I disagree
1.	I am sure that I will find a job soon.		
2.	I think I need more skills, education or training to get the right job for me.		
3.	I see a job search as a challenge.		
4.	I do not think that any employer would want to employ me.		
5.	I believe that I really should have to find a job now.		
6.	I think that I do not have enough skills or education to get the right job for me.		
7.	I focus on achieving results in job search.		
8.	I do not think that I should have to do paid work at the moment.		
9.	I have a lot of confidence in myself, my skills and abilities and I believe an employer will evaluate this.		
10.	I like to be unemployed because it gives me time to spend with my family and friends.		
11.	I would take any reasonable job at the moment.		
12.	I feel that I need a lot of help to find a job.		
13.	I have been trying new ways to find a job.		
14.	I can not be bothered looking for a job.		
15.	I think that I have more possibilities to get a job than the average unemployed person.		
	<b>Total score</b>		